Christ the Saviour Cathedral

"CATHEDRAL JOTTINGS"



Corner of Garfield Street and Butler Avenue
Johnstown, Pa. 15906
Rectory Office – 249 Butler Avenue; Johnstown, Pa. 15906
Cathedral Church of His Eminence, Metropolitan Gregory of Nyssa
of the
American Carpatho-Russian Orthodox Diocese
of the
Ecumenical Patriarch of Constantinople

Cathedral Clergy

Pastor – Very Reverend Protopresbyter Robert A. Buczak, Cathedral Dean
Very Reverend Protopresbyter Frank P. Miloro - Very Rev. John S. Brancho
Rectory Phone……814-539-8086
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Cathedral Office……814-254-4011
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Diocesan Website: http://www.acrod.org ***Facebook***: https://www.facebook.com/acroddiocese
Cathedral: http://www.acrod.org/organizations/cathedral ***Twitter***: https://twitter.com/acrodnews
Camp Nazareth: http://www.campnazareth.org ***You Tube***: https://youtube.com/acroddiocese

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Vol. 84 No. 1992 **Sunday, September 20th, 2026**

The Sixteenth Sunday after Pentecost

Sunday Before the Exaltation of the Holy Cross

Divine Liturgy: 9:00 am **Sunday School 10:20 am – 11:15am**

Panachida for ***+Daniel Tvarozna*** (5th Anniversary) offered by wife, Darice;
+Samuel and Brunislava Gvozdich offered by grandson, Subdeacon Michael Oleksa;
+Darby Sprincz offered by Rose Horner***; +Gregg Kuzmyak*** (16th Anniversary) offered by his parents
+Michael Pysh (Birthday Remembrance) offered by Melanie and Dave Dudak***;***
+Julia Haschak (Birthday Remembrance) offered by the Haschak Family;
+John Wells and +Margaret Kuzmyak offered by Pani Kathy;
+Mary Mirilovich offered by husband John and family; ***+Very Reverend Michael Conrad; +Martha Lucas; and Christine Olga Hotrovich*** offered by Deacon Joseph Hotrovich

Resurrection Tone 7 - Tropar & Kondak: pages 99-101

Epistle: Galatians 6:11-18 Gospel: John 3:13-17

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Monday, September 21st, 2026

The Nativity of the Birth-giver of God

Divine Liturgy: 9:00 am

Tropar & Kondak: Page 105

Epistle: Philippians 2:5-11

Gospel: Luke 10:38-42; 11:27-28

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Bible Study begins Tuesday, September 22nd @ 6:30 pm

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Services for the week of September 20th

Wed. 9/23… +Margaret Peggy Furda offered by the family; +Husband Michael, Justine, sons John and Nicholas, Justina, parents Andrew and Mary, in-laws Paul and Anna, and brother Michael offered by Justina Slachta……..……8:00 am

Thur. 9/24 …+Charles Puskar offered by Mr. and Mrs. George Stegura; and +Nicholas Slachta offered by Vivian and Nick and Wendy Slachta (Perpetual)…….8:00 am

Sat. 9/26 … ***Vespers for the Feast of the Exaltation of the Holy Cross – 4:00 pm***

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Sunday, September 27th, 2026

The Exaltation of the Holy Cross

A Day of Strict Fasting

Di**vine Liturgy/ Choir Sunday - 9:00 am**
Sunday School 10:20 am – 11:15am

Tropar & Kondak: Pages 109-112

Epistle: 1 Corinthians 1:18-25

Gospel: John 19:6-35

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Wed. 9/30 … +Bishop John Martin; +Agnes Bolha offered by the family; and
+Stephen and Margaret Dobranski offered by Very Reverend John and Pani Marie Brancho (Perpetual)…….....8:00 am
Thur. 10/01 … +Frank Langal; and +Anna and Peter Fesko offered by Robert Fesko……8:00 am
Sat. 10/03 … Great Vespers…….4:00 pm

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Sunday, October 4th, 2026

The Eighteenth Sunday after Pentecost

Sunday after the Exaltation of the Holy Cross

Divine Liturgy – 9:00 am **Sunday School – 10:20 am**

Panachida for ***John Haschak Sr.*** & ***+Bethany Haschak (Birthday Remembrance)*** offered by Michael & Sandy Haschak;
+Peter and Mary, Stephen & Andrew, and Ann offered by Alex Dubnansky;
+Darby Sprincz offered by Dorothy Laichak

Resurrection Tone 1 -Tropar & Kondak: Pages 81 & 110

Epistle: Galatians 2:16-20 Gospel: Mark 8:34-9:1

Baptism and Initiation into the Orthodox Faith of Jessie Troy McIntosh

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BIRTHDAY PRAYERS – ***Sharon Kuzmyak (9/21) John Poloyak (9/24), Michael Oleksa (9/25) Helen Koval (9/26), Tiffany Machik (9/27), Elin Sophia Trimbath (9/29), Sam Zima (9/30), Mary Jean Geis-Black (9/30), Elizabeth Rose Argyle (10/1), Nykos James Kobal (10/2), and Anna Seitz (10/3).*** You were remembered today in the Proskomedia.

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THE ETERNAL LAMP – is offered the week of September 20th in memory of ***+Ann Melanie Yurcisin by Susan and Nick.***

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A.C.R.Y. News -*Nursing Home/Shut-In Bags* {15 bags} will resume in October. Please drop off your donated items at the Cathedral auditorium stage with a note that they are for the Shut-In Bags***. Saturday's Kitchen*** volunteer dates are Saturdays, 10/24, 11/21 and 12/12. ***Cambria County Backpack*** Volunteer dates are Mondays at 4pm, 10/19, 11/16 and 12/14 located behind Garfield School. Contact person is Melanie Dudak, 1-814-659-5573.

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PLEASE PRAY FOR OUR SEMINARIANS: ***Fr. Peter Sodini, Fr. Maximus Cannaverde, Deacon Brad Shaffer, Nicholas Cizin, Clayton Wood, Reader John Fedornock III, Spiridon Raburn, Gabriel Saldana, Ignatius Dixon, David Miazga, Graduate of St. Tikhon Ignatius Leonardo (administrator).***

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FOR CONSIDERATION

Victory over anger is one of the greatest Christian victories. Generally, we become angry either with those whom we desire to turn from sin or with our calumniators. In relation to this, we forget that anger is a mortal sin and that, in seeking the salvation of another, we risk losing our own, in the words of St. Makarius. Anger against an enemy usually involves some other evil sentiment, and that is the desire for revenge. St. Eupsychius had so conquered the passion of anger within his heart that, in the face of death, he gave half of his possessions to the poor and half to his slanderers, because of whom he was being tortured and killed. He regarded his slanderers as his benefactors. St. John Chrysostom writes: "Let us clip the wings of anger, and evil will not gain any height." St. John also says: "Anger is an evil sickness that can destroy our souls. Anger is a terrible fire that devours everything. If an angry man could see himself in the moment of anger, he would need no other counsel to cease from anger, because there is nothing more unpleasant than an angry face." Abba Ammon confessed of himself: "I spent fourteen years in Scetis, praying to God day and night to give me victory over anger."

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QUOTES FROM THE HOLY FATHERS

I pray your soul is in good health, for when it is healthy, it has patience in afflictions, it has self-denial with the body and in its thoughts; and it fears neither illnesses nor selfish thoughts. When the soul is healthy, it has love within itself; it does not scandalize others; it endures a brother's harsh words; it does not expose his faults in public; it always has something good to say about his brother; it gives way in quarrels and escapes having bitter thoughts and distress. When the soul is healthy, it does not get angry, complain, talk back, murmur, disobey; it does not follow its own whims, and it does so many other things indicative of spiritual health. This health is what I seek from you; this is what I advise; for this do I pray.-

Elder Ephraim of the Holy Mountain

Not every "good" deed is actually good, but only the good deed which is done for the sake of God. The externals of a particular action are not its essence; God alone sees a person's heart. We need to humble ourselves – realizing that every good deed is mixed with some passion

St. Nikon of Optina

The sign that you love God is this – that you love your brother; and if you hate your brother, your hatred is towards God. For it is blasphemy if you pray before God while you are angry. For your heart also convicts you that in vain you multiply words; your conscience rightly judges that in your prayers you profit not. ***St. Ephraim the Syrian***

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PRAYER CHAIN

Thomas Buczak	Taylor Miller	Demetra Mavrophilipos	Patti Sweeney	Diana Gvozdich-Smith
Veronica Buczak	Jennifer Gardenhour	Rose Conjelko	Samantha Salway	Jean Barnes
Michael Sakmar	Steve Prieber	Cindy Birth	Joan and Ronald Bost	Jennifer Beas
Dave and Roberta Kovalik	Aberdeen Rudge	Roger Zankey	Cheryl Reese	Ellen Kuzmyak
Kira Pronin	Pat Hanuska	Jess Ambrose	Sheri Smay	Elaine Adams
Romayne and Henry Laichak	Dwight Nugle	Paul Kalinyak	Geroge Kuzmiak	Ronnie Horbal
Zachary Rogina	Rose and Terry Fyock	John Rosiak	Lisa Luterman	Carol Devine
Paul Kalcik	Rosalia Horner	Louis Pocchiari	Jeanne Norris	Dominic
Ronald Kmet	Al Kuzmyak	Ed and Christine Sakmar	Kristo Burkett	Florence Gost
Eva Zeleniak-Whitak	Michael Paul Gost	Julie Locher	Amanda May	Irene Lenzo
Judith Rowlands	Matushka Helen Jasiukowicz	Denise Stroud	Jean Romesburg	Rite Cade
Angeline Komara	Joanne Democko	Brianna Thompson	MaryAnn Savering	Jackson Engro
Charlie Erisman	Robert and Barbara Stokes	Elijah Groff	Spenser Kreger	Carla Cernic
Rachael Costlow	Marcia Matthews	Michael Mehalacki	Zander Marshall	John Kobal
Shirley Mazurak	Jolene McClain	Matthew Hanak	Kara Dorsey	Evelyn Evanisko
Erin Demich	Georgene Coulter	Mary Frances Dutko	Ronald Patrick	Dave and Marilyn Gehlman
Mary Ann Muchesko	Tanya Britan	Clarabella Knight	Lisa Daugherty	
Michaela Miller	Frank and Daniel Porembka	Matushka Mary Margaret	Cindy LaBarr	
Arianna Jade Miller	Dr. Rose Ann Jordan	Remona Blunt-Wall	Amber	

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CONTRIBUTIONS TO THE CATHEDRAL ON-LINE

Did you know that you can make donations to Christ the Saviour Cathedral on-line? Many parishioners and non-parishioners save time and efforts by donating to the Cathedral at: **https://www.acrod.org/directories/cathedral/**

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**You have never really lived*

until you have done something for someone who cannot possibly pay you back

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